**Wi-Fi Code = BTWholeHome-3TS Passcode = Fp6mPAeCTx6k**

**Prices**

Georgina Bowman BSc

(FHT Member & Insured)

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enquiries@peakrelaxation.co.uk

[www.peakrelaxation.co.uk](http://www.peakrelaxation.co.uk)

* Book any 5 treatments upfront and get £5 off each treatment.
* Loyalty Card – collect six stamps for every £25 spent & get £10 off next treatment.
* Help the environment and bring your own towels £1-3 off, please advise your request when booking
* Only one promotion per treatment

|  |  |  |  |
| --- | --- | --- | --- |
| Treatment | £30 | £55 | \*\*+£10 |
|  | 30mins | 60mins | 15mins |
| Massage | ✔ | ✔ | ✔ |
| Indian Head | ✔ |  |  |
| Facial | ✔ | ✔ |  |
| Hand or Foot Care | ✔ | ✔ | ✔ |
| Hand & Arm (15mins) &/or Foot & Leg (15mins) Massage | ✔ |  |  |

\*\*15mins = Face, Head & Should Massage on top of 60mins massage

**Add Afternoon Tea to an hour’s treatment £10 per head max. 2 people.**

**45mins Guided Calton walk before your treatment £15.**

**Massage** – Deep Tissue / Swedish / Pre-Blended Aromatherapy / Hot Stone

30mins = ½ body

60mins = Full Body

75mins = Full body with face & scalp

**Indian Head –** Shoulder, neck back, head & face massage with selected oil for your hair type.

Course of six treatments booked upfront 10% discount.

**Facial** – Choose branded Kaeso or 100% Natural, Holistic, Back to basics (textbook) – see website

30mins = Cleanse, tone & massage chest, neck & face

60mins = Cleanse, tone, exfoliate, hot towels, mask – with hand & arm massage, massage – chest, neck & face, moisturise

**Hand & Foot Care**

30mins = Nail care with hand & arm massage

60mins = Hand soak/Foot spa, Nail care with exfoliation, hand & arm massage/Foot & leg Massage

75mins = As per 60mins plus hot oil/paraffin wax/mask with hot mittens/booties